



Quality of life questionnaire for distal forearm fracture (Module to Qualeffo-41)

English version 17 July 2000

All questions regard the situation in the last week, except question 12.

All questions should be answered irrespective of the side of fracture and the side of dominance.

- 1) Do you still have pain in the fractured forearm or hand?
 - not at all
 - a little
 - moderately
 - quite a lot
 - very much

- 2) Do you have numbness or "pins and needles" in the fractured forearm or hand?
 - not at all
 - a little
 - moderately
 - quite a lot
 - very much

- 3) Do you have stiffness in the fractured forearm or hand?
 - not at all
 - a little
 - moderately
 - quite a lot
 - very much

- 4) Are you disturbed by the deformity of your fractured forearm?
 - not at all
 - a little
 - moderately
 - quite a lot
 - very much

- 5) Can you wash or blow dry your hair?
- without difficulty
 - with a little difficulty
 - with moderate difficulty
 - with great difficulty
 - impossible
- 6) Can you turn a door key or unscrew the lid of a jar?
- without difficulty
 - with a little difficulty
 - with moderate difficulty
 - with great difficulty
 - impossible
- 7) Do you have problems with doing your work or homework?
- no difficulty
 - a little difficulty
 - moderate difficulty
 - may need some help
 - impossible
- 8) Do you have problems with typing or writing?
- no difficulty
 - a little difficulty
 - moderate difficulty
 - great difficulty
 - impossible
- 9) Can you use private transport e.g. drive a car or use a bicycle?
- no difficulty
 - a little difficulty
 - moderate difficulty
 - great difficulty
 - impossible

- 10) To what extent has your fractured forearm interfered with your activities during the last week?
- not at all
 - a little
 - moderately
 - quite a lot
 - very much
- 11) Do you need help from your friends or relatives because of your forearm fracture?
- never
 - 1 day per week or less
 - 2-3 days per week
 - 4-6 days per week
 - every day
- 12) Would you say that your quality of life has declined during the last three months because of your forearm fracture?
- not at all
 - a little
 - moderately
 - quite a lot
 - very much